



Insight Meditation Center of Pioneer Valley

Volunteer Application

Contact Information

Name	
Street Address	
City, ST ZIP Code	
Phone (Day)	
Phone (Evening)	
E-Mail Address	

Interests

Tell us in which areas you are interested in volunteering. (Please note: Some of these positions may be filled at present.)

Programs	___ Managing Classes	___ Managing Retreats
	___ Organizing Special Events	
Care of Center	___ Cleaning	___ Tea Station/Replenishing Supplies
	___ Plant Care/Watering	___ Other:
Maintenance	___ Carpentry	___ Painting
	___ Other (Describe):	
Office	___ Bookkeeping	___ General Office
	___ Library	___ Admin. /Organizational
Communications	___ Website	___ Fliers/Brochures
	___ Computer Support	___ Newsletter
	___ Writing/Editing	___ Other:
Other Expertise	Explain Below:	

Skills You Wish to Offer

List skills you would like to offer (e.g. computers, word processing, editing, painting, organizational . . .)

Work and Volunteer Experience

Current Occupation or Life Status (e.g. student, retired, etc.):

Please list previous occupations and/or volunteer experience.

Availability

How much time can you offer as a volunteer? (e.g. 1 hr/wk, 1 day/mo, occasional projects . . .)

Familiarity with Center Activities

How long have you participated in activities at Insight PV?

Which activities at Insight PV do you participate in?

Drop-In Sitzings Classes 1/2 Day Retreats

One-Day Retreats Weekend Retreats Special Events

Other (Describe):

Have you been involved with other similar centers? (please describe)

When you are finished, please leave this form in the office. (If you prefer, you may mail it to the center or scan it and email to general@insightpv.org.) Thanks.